

THE NAHR NEWSLETTER

Getting started

So far 33 surgeons have entered data into the NAHR, 16 with more than 10 cases and a few high volume users. A new version of the on-line interface will be launched in early summer, making it even more user friendly.

Username & Password

Email

customer.support@bluespier.com for a username and password. These can also be obtained by support staff to enter your data.

Data collection forms

Obtain the data collection forms [here](#)

Other links:

[NAHR homepage](#)

[Documents for download](#)

[MDS for NAHR](#)

Administer the forms

The forms are easy to administer and use. The minimum dataset (MDS) consists of consent, preoperative scores (iHOT-12 and EQ-5D) and operative details. Units can also add other scores if they wish.

Ensure that consent and a valid email address for the patient are obtained.

Enter data

Data entry is easy. Staff find them easier and quicker than NJR forms. Enter data [here](#)

Aims of the NAHR

The Non Arthroplasty Hip Register was launched at BHS 2012 to record and monitor the numbers and outcomes of the increasingly popular non joint replacement procedures being performed. The aims of the registry are:

- To prove the efficacy of this type of surgery
- To improve patient care
- To obtaining funding for these cases
- To provide surgeons with outcome data

NICE now advises that entering data into the NAHR is best practice when undertaking hip arthroscopy for femoro-acetabular impingement. The use of it by clinicians is free. Pre-operative data on diagnosis, consent and PROMs scores (iHOT-12 and EQ-5D) are recorded, surgical data is entered, and post-op scores are collected electronically. Surgeons receive reports of their outcomes every 6 months.

Features of the NAHR

- Operation note can be created
- Post-op scores are automatically collected electronically
- Outcomes are graphically displayed for surgeon and patient to see
- Surgeons can interrogate clinical outcomes of their own patients
- Features can be customised to suit their own practice
- Existing databases can be uploaded

The scope of the NAHR is much wider than just hip arthroscopy and it can be used to collect longitudinal data on any hip pathology being assessed or treated without arthroplasty, including paediatric hip conditions. It has the potential to give an understanding of the natural history of conditions and the effect of interventions.